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### Appalachian Region N www.region-n.org

#### GWRRA SunSphere Wings Chapter B Knoxville Tennessee January 2011 Newsletter

**Tennessee Chapter B**Chartered December 14th 1982

Ed & Mary Ann Grazier Region N Directors edgrazier@comcast.net

Ken & Julie Zahn
Tennessee District Directors
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## Chapter B Directors Tom & Kathy Peck

You can reach them at home 423-907-9712 or email: tomkatpeck@msn.com



Gold Wing Road Riders Association Executive Director: Mike Stiger National Web site www.gwrra.org



Volume 29: Number 1

Chapter B Web Site www.tn-b.org

Newsletter Editors: Tom & Kathy Peck tomkatpeck@msn.com

The Gold Wing Road Riders Association is a social group who enjoys riding motorcycles, especially the Honda Gold Wing.

Our Motto is "Friends for Fun, Safety and Knowledge." We plan rides and other activities that allow us to meet people with similar interest. Come visit us and find out what you may be missing.

Check out our Web site at: www.tn-b.org and stay up to date with all our activities and join us when you can. We would love to have you.

We publish a monthly newsletter and provide this to all our members and visitors. You can also view the newsletter on our web site.

Join us and see why there are more than 85,000 members all over the world in 52 countries and in all 50 states.

**GWRRA** Makes a Difference!

each month at
Shoney's Restaurant
2405 Andersonville Hwy,
Andersonville, TN 37716
Ph. 865-494-7295
(Rt 61 Museum exit)
Exit 122 off I-75,
just north of Knoxville.
Eat at 6:30 PM
and our gathering starts
promptly at 7:30 PM.
Next Gathering:

November 2

#### **Chapter B Staff**

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### Chapter B's "Couple of the Year" 2010

Kyle and Bobbie Beeler bebeeler@comcast.net kebeeler@comcast.net

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#### Way-to-Go Award Coord.

Tom Rhoads (Debbie) 865-945-3894 utvol105@yahoo.com



# From your Chapter Directors, Tom and Kathy Peck

#### Happy New Year Everyone!

Hope you all had a very Merry Christmas and hope you all have a Happy and Prosperous New Year. Hard to believe another year has gone by. I put my Goldwing away



during the colder months - usually wash it and clean it up good then park in in the basement. Already miss riding and already tired of cold weather.

Winter-time and the New Year are always a good time to do some planning for not only the next riding season but time to plan some of our activities for the upcoming year. We always look at our Chili Cook-Off as the season opener for our Chapter B and this year will be the 17th annual Chili Cook-Off held by Chapter B. We always get the new year off early gathering door prizes and auction items; everyone looks forward to the great selection we always have for all who attend.

This year 2011 will be a very special year for us since Wing Ding will be here before you know it. Make sure you go to the GWRRA web site for all the latest information on this year's Knoxville Wing Ding.

This past year has been an all time great riding season for Chapter B as we have seen a very large increase in rides and participation on the rides, whether it was just a day ride, weekend overnight ride or long several day ride. Sure gives everyone a chance to get to know each other when we hang out some with our newer chapter participants. Always looking for suggestions for rides or other activities where we can socialize and visit many of our new friends who enjoy our hobby riding motorcycles. Greatest part of Chapter Life! Mark your calendars for Saturday, February 19; we'll hold our ride planning meeting that day at our home in Lafollette, starting at 11 a.m. and lunch will be provided. Directions and more info later.

We want to introduce you all to Chapter B's Couple of the Year for 2011, Kyle & Bobbie Beeler! They were selected by the committee unanimously and announced at our Christmas Party back on Dec 4th, so join us welcoming Kyle and Bobbie as our new 2011 Couple of the Year. This honor is given annually to a very deserving couple who the selection committee feels has contributed greatly to our chapter. Congratulations to Kyle and Bobbie! And special thanks to our committee, the Talleys, DeGuires, and Roberts, for a great selection!

Hope to see you Tuesday night to help us kick off what promises to be a great year for our Chapter B Sunshpere Wings!

Tom & Kathy

#### PROGRESSIVE MEMBERSHIP DRAWING

One lucky Chapter "B" participant's GWRRA membership number will be drawn at each gathering. If that member is present and can show a current GWRRA membership card, they will win \$20!

If card is expired or not available to show, an additional \$5 will be placed in the drawing for the following month. So get your cards out, check the expiration date and make sure you have it with you Tuesday!



#### Wear Your Chapter Shirt

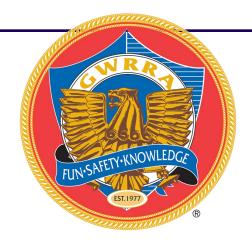
and you'll receive an extra 50/25/25 ticket!

Anyone, including our visitors, wearing a chapter shirt or vest, will be given an extra 50/25/25 ticket.

So wear your chapter shirt and show your chapter spirit!

Don't forget about our Chapter B "WAY TO GO!" Award.

Be ready to nominate one of our Chapter Participants for this monthly prestigious award. Anyone who has done something kind, helpful, noteworthy, above-and-beyond-the-call-of duty . . . (you get the picture) is deserving of this award.



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Here's Wishing all our Chapter "B" Friends and Family a Very Joyous and Prosperous New Year!!!

## 2011 Chapter "B" Couple of the Year



#### **KYLE and BOBBIE BEELER**

Reprinted from October 2009 BUZZ

Kyle bought his first Honda Goldwing in August, 2005, not aware that the purchase would open up a whole new chapter in his life. He had become a widower the previous year.

Bobbie and Kyle were both employed at United American Bank and have known each other since 1976. They married in June, 2006. Bobbie has a son, Daniel, who is now 23 years old.

They attended Spring Fling in 2007 and met Dave and Betty Roberts, who were Chapter B's Directors at the time, and Tom and Kathy

Peck. You know what happened without my telling you. I can just hear our Chapter В friends "talking up" how much fun we have. showing interest in their Goldwing, comparing notes, and inviting them to join one of our gatherings.

It wasn't long before they



joined GWRRA and Chapter B. Of course, we were all so happy to have these younger fresh faces as a part of our group. Since then, they have been very involved in lending helping hands wherever needed. Bobbie is a great cook and they have helped with our annual Chili-Cook-Off (fundraiser for St. Jude's) as well as the Ride for Kids (Pediatric Brain Foundation). Their warm smiles and efforts were and are sincerely appreciated.

The Beelers currently serve the chapter as our Sunshine Coordinators, making sure that all who have birthdays or anniversaries each month are appropriately recognized.



Some of their hobbies and interests are: riding the bike, traveling, camping, cooking (Bobbie), remodeling (Kyle) and joining the rest of us on game nights or other events when they can. They are younger, still working, so these fun times have to be "scheduled in". They attend Sevier Heights Baptist Church. Kyle plans to sing in the choir soon.

They have a baby (like most of us do). She's "Lucy", a 9-year old German Shepherd. They recently moved in to the home Kyle has been remodeling. By the way, they also do volunteer work for a handgun permit class and this, too, keeps them very busy.

We're just glad they do have some time for us because they are wonderful people, individually and as a couple.

Kyle and Bobbie, we salute you for all your time and efforts and look forward to many more fun times together! (Submitted by Merrilee DeGuire)



#### New Years Day Sauerkraut

#### Kielbasa

Prosciutto cubes

- 4 lbs. sauerkraut
- 1 large onion, chopped
- 4 tbsp butter
- 4 tbsp olive oil
- 2 tbsp caraway seeds
- 1 leek, chopped
- 1 apple, diced
- 2 potatoes, peeled and then grated
- 1 tsp sugar
- 1/2 tsp ground cloves



- 1. Melt butter in a large frying pan. Add olive oil.
- 2. Sauté prosciutto cubes, onion, leeks, apple, caraway and clove. Allow to sauté at a low heat for a few minutes for flavors to blend without browning.
- 3. Remove and discard the prosciutto cubes.
- 4. Stir in the sauerkraut and potato. Transfer to a Crockpot.
- 5. Cut the kielbasa into a few large pieces and add to the Crockpot.
- 6. Cook on low heat for 6 hours.
- 7. Serve with other pork for a New Year's Day meal or as a meal in itself.

Prep Time: 30 minutes Cook Time: 6 1/2 hours

#### Bert's Kielbasa & Sauerkraut

1 Bag of Sauerkraut 1 medium onion caraway seeds 2 lbs. kielbasa of brats

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1 qt. beer

- \* 1/2 cup grated cheddar cheese (optional)
- 1. Boil kielbasa or brats in beer for about 1-2 hours
- 2. Slice onion while meat is cooking
- Reserve all remaining beer after cooking meat
- 4. Add a pinch or two of caraway seeds to sauerkraut
- Saute meat with onion over medium heat in a small amount of beer until golden brown
- 6. Pour all indgredients (including beer)into baking dish
- 7. Bake at 350 for about 40 minutes covered then about 15 minutes uncovered
- 8. Sprinkle with cheddar cheese if desired when browned

Prep Time: 15 minutes Cook Time: 2-3 hours



# Chapter Educator Section The Smart Corner By Dave Roberts, Chapter Educator

COLORFUL

COLORADO

#### Happy New Year!!

Cold weather always arrives with the New Year in Tennessee, and this year seems to be colder than normal. Now some of you will push your bike over into the

corner and wait for spring, while others will press on and ride right through the season. For those of you who want to keep riding, a little review of cold weather riding is in order

With a little knowledge and a few cold weather tricks, your riding season can be extended. Here are some strategies for dealing with the worst winter has to offer:

#### **Ice**

Black ice — really just an ominous name for hard-to-see frozen water on the road — can occur any time the temperature has been near the freezing point, or where frost can form. Gold Wings have an air-temperature thermometer, so you should keep watching that temp as you ride.

Bridges are susceptible to icing because they are disconnected from the warmth of the Earth and cool faster when air temperatures drop. Watch for spots on the road that are shaded from the sun. Well-traveled roads are often better, because passing traffic melts and dries the moisture.

If you do feel like you're on an icy patch, don't make any sudden moves, and don't touch the brakes. Pull in the clutch and let the bike coast until you're clear.

#### **Hypothermia**

That cold shiver up your spine isn't just uncomfortable. It could also be a warning. Hypothermia occurs when your core body temperature drops significantly, and it can be deadly. Temperatures don't need to be below freezing to induce hypothermia. Wind chill gets

worse as wind speeds increase, and the longer you're out, the worse it gets.

One early sign of potential hypothermia occurs when you start feeling cold and you can't

decide if you should pull over or not. The answer is always yes, but your judgment may be clouded. Long before this point occurs, you should have pulled into that nice warm cafe and had some hot chocolate or soup.

Uncontrolled shivering and chattering teeth are signs of real danger. You may

start to feel dizzy, or even drunk, as your muscles begin to stiffen. Continued exposure may cause the shivering to slow down or even stop, but by then you're in serious trouble.

#### The well-dressed rider

How do you mitigate the dangers of cold weather? First of all, cover up. It all boils down to insulating your body. To do that, you need to layer. Synthetics work better for your inner layer than cotton, which holds moisture against your skin. On top of that, wear fleece, wool, or other layers that provide insulation. The idea is to let your body create a warm pocket of air between you and the environment.

Finally, you need to stop the environment from stealing your warm air. Your outer layer



needs to block the wind. Leather works; denim, for example, doesn't.

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These days, we also have a broad array of choices in nylon gear made specifically for motorcycling that provides versatile weather protection with vents, removable liners, water-proof membranes, adjustable fit, etc. If you choose outerwear that isn't waterproof, such as a leather jacket, be sure to carry a rain suit that fits over it. Getting wet robs you of your insulation.

Whichever outer layer you choose, remember that it should provide crash protection, too. Buy gear made for motorcycling, not the fashion show.

Hands can be particularly vulnerable to the cold. Gauntlet-style gloves will help you seal the gap between gloves and jacket. Gloves with a breathable, waterproof liner will keep rain out while allowing moisture from perspiration to escape.

It may be obvious, but a full-face helmet will keep you warmer than an open-face helmet. Sealing the area around your neck with a bandanna, or better yet a fleece or wind- and water-proof neck warmer, can make a dramatic difference. A balaclava (right) under the helmet provides a lot of additional comfort for minimal bulk.

No matter how well you dress, if you're on the road long enough, you'll lose more heat than your body can generate. Long riders resort to electrical assistance.

Heated clothing, which uses your bike's electrical system to power heating elements, makes a huge difference by not just insulating you, but adding heat to the whole equation.

Gloves start around \$100. Vests, depending on the style, can go from \$100 to \$200. Socks can range from simple D-cell powered items that sell for around \$25, to \$90 systems that hook into the rest of your electric riding gear. (Betty wears her Gerbing vest on most days during the summer!; but she's very coldnatured.)

For many riders, a vest alone is enough. If you keep your torso warm, your body will focus on pumping warm blood to your extremities. If you torso gets cold, your body will abandon the extremities to try to keep the vital organs warm, and that's when you can suffer from dangerously numb hands or, possibly, frostbitten toes.

#### **Chemical options**

Another option is a lightweight, disposable heat pack, which offers a different kind of protection. Imagine you're out for a ride on a nice fall day. You're so consumed with the changing leaves



that you don't notice how far you've ridden. It's getting dark and cold — fast. A bit of quick heat can make all the difference. An outdoor gear store, or even one of the big-box retailers that sell recreational goods, will have chemical packs of the type hunters use. Be careful, because some can produce up to 150 degrees, so don't put them next to bare skin.

#### Keep hydrated

One last thing to think about — that you might not think about: Drink lots of liquids. Dehydration may be foremost in your mind in the hot months, but you still lose moisture in winter. Cold, dry winter air can suck moisture out of you and you may not notice that you're perspiring.

Riding in the winter can be very rewarding, IF you are prepared so, layer up and take a ride this winter.

RIDE SMART, DAVE



Gold Wing Road Riders Association

### Tennessee Chapter B

Presents: The 17th Annual

## Chili Cook-Off



Great Location

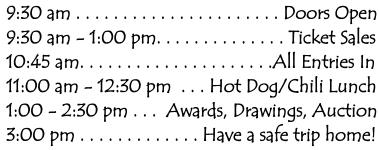
#### Halls Senior Center

4410 Crippen Road, Knoxville, TN 37918



Plenty of Paved Parking!!!

1-640 Exit 6, North on US-441 for 4 miles, Right on Crippen Rd, 1/2 mile on Left



Registration: \$10 per Person

Door Prizes Galore!

Auction

50/25/25

Children under 10 FREE

Awards presented for: Hottest Chili Most Creative Chili Best Traditional Chili Crowd Favorite and Longest Distance Largest Chapter in Attendance

Proceeds benefit St. Jude Children's Research Hospital and the Pediatric Brain Tumor Foundation Supported by the Ride For Kids®

Make Checks payable to:

**GWRRA TN-B** 

And send to:

Tom and Kathy Peck 153 Deerwood Lane La Follette, TN 37766

For more information: 423-907-9712 or tomkatpeck@msn.com

Name's		I/We agree to hold harmless GWRRA, cospon— soring organizations or any property owners for	
Address		any loss of injury to self or property in which I/  We may become involved by reason of participa—  tion in this event. I/We also agree to assume	
City	ST Zip	responsibility for any property I/We knowingly ———— damage.	
Phone	Chapter	Rider's Signature	Date
Number Attending	Amount Enclosed \$	Co-Rider's Signature	 Date

# Chapter Visitation

Chapter **B** meets the **1st Tuesday** each month at **Shoney's** Clinton Exit 122 off I-75 North Eat at 6:30 pm meeting at 7:30 pm.
Call Tom & Kathy Peck 423-907-9712

Chapter M meets the 2nd Tuesday each month. Eat at 6:00 pm meeting at 7:00 pm.. Chapter M meets at the Fort Loudon Medical Center in Lenoir City. (Next to Cracker Barrel, behind Chili's)
Call Robert & Trudy Ashcraft 865-376-6403

Chapter **G2** meets the **1st Monday** each month at IHOP 1802 Parkway Sevierville, TN 37862 Eat @ 6:30, Gathering @ 7:30 Call Beth & Dale Hodge 865-748-1059

Chapter F meets the **2nd Tuesday** each month at **Golden Corral 2905** West Andrew Johnson Hwy (Highway 11E) Morristown Eat at 6:30 pm meeting at 7:30 pm.

Call George & Lanora Baker 865-231-7948

Chapter **A2** meets the **4th Monday** each month at the **Ryan's Steakhouse**, 1053 Hunter Xing, Alcoa Eat at 6:00 pm meeting at 7:00 pm Call Alvin & Josie Nelson 865-977-9096

Chapter T meets the **4th Tuesday** Each month Chapter T meets at Shoney's 316E Emory Rd Eat at 6:00 pm/Meet at 7:00 pm Call Carroll & Pat Bales 865-687-2986



#### **New Chapter T-Shirts \$20**

Chapter "Bee" Embroidered Hats: \$15 Place you Order with Pat Talley

Give me a call, email me or see you at the next meeting



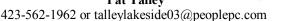
#### **INVENTORY CONSISTS OF THE FOLLOWING:**

Tennessee Pins (Shape of State)	\$4.00 ea.			
TN-B Hanger Bars	. 2.00			
Black/Gold 4" GWRRA Patch	. 5.00			
Black/Gold 10" GWRRA Patch	12.00			
Red/Blue/Yellow 10" GWRRA Patch	12.00			
New Chapter B 25 Year PatchFree to Chapter B members				
<b>GWRRA Blinking Buttons</b>	2.50			
Chapter B HatsNow Available	15.00			
Ladies Yellow HatsNow Available	15.00			

We can order so many more goodies - such as - a GWRRA Mouse Pad for your computer, GWRRA Ball Caps in various colors, Coasters, Earrings, Logo Vest Clip Chains, License Plates, Region N 4" Patch, Bolo Ties, Happy Face Antenna Ball - and so much more (just too much to list here).



#### LET'S GO SHOPPING! See the "Quarter Master" Pat Talley





#### Note from your Editors:

Let us know if there is anything you would like to see in your Newsletter just let us know. Items for sale, pictures, items of interest, business ads, clip art etc. You can email them to us at <a href="mailto:tomkatpeck@msn.com">tomkatpeck@msn.com</a> Remember this publication is yours!!! If there is any personal information you wish not to be public info please let Tom or Kathy Peck know so we can accommodate you wishes.



1/6—Kyle Beeler 1/6—Joyce Jennings 1/10—Bob McIntyre 1/18—Mike Bridges 1/23—Carl Austin



1/15—Mike & Linda Bridges 1/24—Chuck & Pat Talley

If we missed your Birthday or Anniversary make sure you contact Bobbie Beeler so we can update our records. We want to recognize everyone's Birthday and Anniversary each month, not only at our meetings but in this Newsletter. Check the info on the Sign-in sheet at our Monthly gathering.

## TN-B 2011 Ride Schedule

Check the newsletter and web-site regularly for updates and more information! www.tn-b.org

## Saturday, January 29 17th Annual Chili Cook-Off

Halls Senior Center (Set up Friday 3-4 pm)

#### Saturday, February 12 Winter Fiesta

Fall Creek Falls State Park Pikeville, TN, Registration \$12.50 for more info http://www.tngwrra.org/

## **Saturday February 19 Ride Planning Meeting**

Tom and Kathy Peck's Place 153 Deerwood Lane, Lafollette, TN, 423-907-9712 11:00 a.m., lunch provided.

## Thursday-Saturday, April 14-16 Spring Fling

Sevier County Fairgrounds See Kathy for lodging info.

#### Saturday-Sunday, May 14-22

**Ride to** Branson, MO See Kathy for details

## Wednesday-Saturday, July 6-9 Wing Ding Knoxville, TN



### Come Ride With Usin



Chuck Talley
Ride Coordinator

423-562-1962 talleylakeside03@peoplepc.com



#### Gold Wing Road Riders Association





#### Knoxville Sunsphere Wings GWRRA Chapter TN-B

Chapter Directors Tom & Kathy Peck
153 Deerwood Lane
Lafollette, TN 37766
tomkatpeck@msn.com

#### **Gold Wing Road Riders Association**

**Chapter TN-B**January 2011 Newsletter
Ride Safe! & Ride Aware





To:



