

Appalachian Region N

www.region-n.org

Frank and Kathy Albert

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THE BIZZ

GWRRA SunSphere Wings Chapter B Knoxville Tennessee July 2010 Newsletter



Tennessee Chapter B Chartered December 14th 1982

Chapter B Directors Tom & Kathy Peck

You can reach them at home 423-907-9712 or email : tomkatpeck@msn.com



Volume 28: Number 7

Chapter B Web Site www.tn-b.org

Gold Wing Road Riders Association Executive Director: Mike Stiger National Web site www.gwrra.org

> Newsletter Editors: Tom & Kathy Peck tomkatpeck@msn.com

The Gold Wing Road Riders Association is a social group who enjoys riding motorcycles, especially the Honda Gold Wing.

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Our Motto is "Friends for Fun, Safety and Knowledge." We plan rides and other activities that allow us to meet people with similar interest. Come visit us and find out what you may be missing.

Check out our Web site at : www.tn-b.org and stay up to date with all our activities and join us when you can. We would love to have you.

We publish a monthly newsletter and provide this to all our members and visitors. You can also view the newsletter on our web site.

Join us and see why there are more than 85,000 members all over the world in 52 countries and in all 50 states.

GWRRA Makes a Difference!



Join us the **First Tuesday** each month, at **Shoney's Restaurant**, 2405 Andersonville Hwy, Andersonville, TN 37716, 865-494-7295 (Rt 61 Museum exit) Exit 122 off I-75, just north of Knoxville. Eat at 6:30 PM and the gathering starts promptly at 7:30 PM. **Next Gathering: July 6th**

Ken & Julie Zahn Tennessee District Directors DistrictDirector@tngwrra.org



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Tom Rhoads (Debbie) 865-945-3894 utvol105@yahoo.com



From your Chapter Directors, Tom and Kathy Peck

Here we are and its July already and another Wing Ding has come and gone. Hope everyone who was able to go to Wing Ding this year had a great time and that it was a fun experience for you all.

The weather has been extremely hot this year but as many of you found out the mountains can provide some fantastic riding even in the extreme heat that may exist down in the valley of Knoxville, Lafollette, Powell, Oak Ridge or where ever you may live. One thing



about the higher elevations is the temps usually go down as the elevation goes up. Works good in the summertime but not so good in the spring or fall; the possibility of snow and ice may exist that can make it very dangerous so always check the low temps during spring or fall.

Coming up July 10th and 11th we are planning a ride on the Blue Ridge Parkway and plans are to make it an overnighter. Check your schedule and mark your calendars; you can find information on the route and possible accommodations for the ride later on in the newsletter. So come to the gathering ready to decide if you will join us. If you are unable to make the monthly gathering make sure you let us know if you're planning to go along.

Several of our Chapter B members are planning a trip to Niagara Falls July 20th thru the 25th. If you would like to join us please get in touch with Tom or Kathy or Tom & Debbie Rhoads for further information on the trip. Join us for the Canadian Region K rally being held there along with all the other attractions of the Niagara Falls and Canada area. Remember if you are going into Canada you must have a valid passport.

You'll note an important change in the ride schedule. The Outer Banks ride has been moved from October to September. It now occupies the weekend of the Wings Across Tennessee ride, since none of our chapter participants are planning on riding to St. Jude that weekend.

And the biggest news of all: WING DING 33 will be coming to Knoxville July 6-9, 2011.

Tom & Kathy

PROGRESSIVE MEMBERSHIP DRAWING



One lucky Chapter "B" participant's GWRRA membership number will be drawn at each gathering. If that member is present and can show a current GWRRA membership card, they will win \$20!

If card is expired or not available to show, an additional \$5 will be placed in the drawing for the following month. So get your cards out, check the expiration date and make sure you have it with you Tuesday!

Wear Your Chapter Shirt and you'll receive an extra 50/25/25 ticket! Anyone, including our visitors, wearing a chapter shirt or vest, will be given an extra

50/25/25 ticket. So wear your chapter shirt and show your chapter spirit! Introducing our NEW Chapter B "WAY TO GO!" Award

Be ready to nominate one of our chapter participants for this monthly prestigious award. Anyone who has done something kind, helpful, noteworthy, above-and-beyond-the-callof duty . . . (you get the picture) is deserving of this award. Congratulations to Burt, who won our first "Way

Have you Heard? **WING DING 33** will be in Knoxville, Tennessee, July 6-9, 2011



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O U R J U N E



Burt Wagner gives Guardian Bells to everyone present.





Chuck and Pat Talley present the traveling Couple of the Year plaque to Don and Emma Hurley from Chapter A in Nashville.

It was good to see old friends Wayne and Carla Smith; glad to hear you're back in the saddle again, guys! And it's a big WEL-COME BACK" to new member Bill Walters.





Dinner Ride to Pine Nountain State Park



Road Riders

Sunsphere Wings

Region N Region N Farmer Region N Terre

Willer

1982

They tell me the pre -ride was just as much fun! Check out the photos below.











will be in Knoxville, Tennessee, July 6-9, 2011!

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Hope you can join in on the fun at our next ride!!!





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I am putting together a trip for 2011 to go see the Great Salt Flats. The date has not yet been set, but probably around Labor Day after the kids go back to school and hotel prices drop. Temperatures will also start to go down around then out west.

Trip will be in the 3,500 to 4,000 mile range and take two weeks from Knoxville and you can figure the trip to cost about \$100 a day with gas, food, lodging and entry fees to scenic stops.

I've put together many big trips and always plan lots to see and do on the way besides just ride. The trip will be done in a circle, primarily on two lane roads. Most days will be in the 300-350 mile range depending on stops. We will be riding in the rain, shine or heat every day. NO CAMP-ING. We will be staying in a motel (two up to split costs). Sorry girls, this is a 'Boy's Trip.' Kind of like 'Wild Hogs' but without the biker gang.

I already have two people from my old Chicago chapter who want to go and need one more to keep the number a nice even four.

You have more than a year to put together the time and money for the trip. Does this sound like something you might like to do? If so contact me for more information.

Burt 865/318-0883



Chapter B Blue Ridge Parkway Ride - July 10 & 11

Mark your calendars for July 10th and 11th and pack your bags! We'll leave the Weigel's on Emory Road at 8:00 A.M. Saturday. We'll ride out I-40 to Newport where we'll pick up 25W and then get on the Parkway near Spruce Pine, NC.

Our Saturday ride will be about 280 miles from the Weigel's with 75 of that on the Parkway. We'll spend the night in Hillsville, VA, where there are several hotels to choose from: Super 8, Hampton Inn, Fairfield Inn, Holiday Inn Express, Days Inn, and several Mom-n-Pops. We'll make lodging arrangements when we know who is going. Sunday's ride will take us on back roads—US routes 221, 58 and 11W, back to Weigel's, about 240 miles.

We'll plan to stop for about 20 minutes every hour or so, for gas, drinks, potty, scenery, etc. Lunch and dinner stops are also planned. There will be plenty of time to stop at overlooks and for photo shoots. We expect to be at the hotel Saturday evening, after dinner, around 6:000 p.m. and back at Weigel's on Sunday by 4:00 p.m.

See Tom and Kathy for more info or to let them know you're going along. Sure hope you can join us!



How many of you remember the old TV show "Ask Mister Wizard"? For those of you who are not old enough to remember, Mister Wizard was this neat guy who was always explaining how things work to the neighborhood kids, and the explanations usually involved some kind of gizmo that only Mister Wizard could fix up.



You may not know it, but Chapter B has it's very own Mister Wizard. Last week I went up to Tom Peck's house to get my bike ready for the trip up to Nova Scotia. We did the usual things: changed the fluids, mounted a new front tire, repacked the trailer wheel bearings; we even changed the brake fluid.

Then Tom asked me if I had ever fixed the push-to-talk switch on my CB radio. (The return spring has been broken for about 3 years, as many of you know) When I said no, Tom got this pained look on his face, and said let's have a look.

He tore into the left handlebar switch housing which contains the floppy PTT switch

with his best Mister Wizard impression. I was astonished as I looked at the layer upon layer on the various switches that only the Japanese could have created. I lost count of the number of little screws that held the modules together, and finally, Tom had carved out the broken PTT switch with the skill of a brain surgeon.

He then rummaged around in his work bench and found a tiny spring that required four hands to insert into the PTT toggle. I was amazed. IT WORKED!!

Of course the reassembly took twice as long as we could not remember where all of the tiny screws went, but eventually it all was back together.

Tom has many talents, but his Mr. Wizard impression is outstanding.

By Dave Roberts



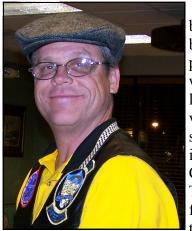
MEET OUR CHAPTER B MEMBERS

Carol and Terry Lockwood

Carol and Terry

bring a lot of enthusiasm to our group with their sparkling personalities. They became Goldwing members in 2005, when they bought their first Goldwing.

They bought land in Clinton, TN, and moved there when they retired from the Air Force in 2006. Carol served 36 years and Terry, 16 years.



Not ones to be idle, they are both working at present. Terry works Mefor laleuca in Knoxville and Carol substitute teaches in the Anderson Co. school system. combined Their includes family two sons and one

daughter, along with three grandchildren. Besides working in their yard, they both enjoy working at

their church in various jobs.

Terry's hobbies include woodworking, (most of you have seen some of the Marble Boards he has donated to be auctioned off at the Chili Cook-off) and musical talent. His musical ability was recognized at the talent contest held at Spring Fling this April when he won 1st place, singing, and playing the harmonica and guitar.



Terry was our Chapter B Educator for several years and had to relinquish his position due to his new job conflict. Many great newsletter articles and rider education talks at our chapter gatherings were always well received and appreciated. Carol's hobbies include sewing, baking and cooking. (She could win a 1st place in a baking contest, for sure.)

T h e y have been willing to serve and help in our chapter when needed and we're glad they joined us.

Article submitted by: Pat Talley, Chapter B 2010 Couple of the Year



Editor's Note: Carol was involved in a 4-wheeler accident near their home Wednesday night, June 30. We spoke to Terry today (July 1) and he was hopeful that she would make a full recovery. She suffered a broken pelvis and an injury to her elbow that required surgery. Terry says she will come home either Friday or Saturday. Your thoughts, prayers, cards and phone calls will be appreciated.





Motorcycle riding is an activity that takes all of us outdoors. For many of us, the riding season is comprised of summer with some spring and some fall periods. For others, the best riding times are during the spring and fall seasons due to excessive heat in the summer months. For all of us, we are likely to be riding in hot weather at least some part of the year. Since too much heat can cause severe medical emergencies, it is important to know how to avoid becoming a victim of the heat. So how do we avoid heat stress, or more severe conditions like hyperthermia, to remain safe? Let's review some warm weather riding tips.

First, make sure you have gear appropriate for the weather. Consider what you will wear to cover your arms while riding in direct sunlight during daylight hours (if you are lucky enough to avoid the rain). If you have it, a mesh jacket provides unparalleled ventilation and abrasion resistance. A denim shirt is another alternative that is fairly light weight and offers better protection than t-shirt material. Protection is important, but keep in mind that when you are comfortable, you are able to focus on the act of riding. Denim is a common choice for long pants, but you might want to think about purchasing motorcycle-specific riding pants for extra protection. Gloves are the other area where the ambient temperature is usually factored into the decision of what to wear. Perforated leather gloves will breathe better than solid leather. Another good choice would be mesh gloves which, like the jackets made of similar material, provide great ventilation coupled with superior abrasion resistance. They are worth considering. Consider carrying a water absorbing collar that you can soak in water and wear around your neck to help keep you cool. Or be prepared to soak and wear your shirt or t-shirt at a rest stop in the hottest weather.

Second, plan to maintain your hydration level. Every time you stop for gas or a rest break in hot weather, take time to drink enough fluids to replace what you lose through perspiration. This should be at least eight ounces per hour during the heat of the day. You may think that your clothes are not holding an entire cup of sweat that you could wring out of them. And that is probably true. While you are riding, some of your perspiration is soaked up by your clothes and is carried away by the air flowing around you. And some moisture evaporates directly from your skin. It must all be replaced to keep your system hydrated. A simple way to determine if you are getting enough fluids is to monitor your output at rest stops. In short, if you are drinking frequently but don't have to go at each rest stop, then you probably are not drinking enough. Modify this as necessary for your own situation. Carry a bottle of water to drink from whenever you need it. Be sure to refill it at rest stops.

Third, remain aware of your own physical condition. Exposure to too much heat for too long can result in hyperthermia. This is the condition where your body cannot properly regulate your internal temperature and your temperature rises uncontrollably. If allowed to reach this state, it is a medical emergency requiring immediate medical attention. The key is to prevent your body from reaching this condition. Watch for symptoms like the absence of sweat in hot weather. This could mean your body has lost too much water and cannot produce any more sweat, the principal means of temperature regulation. Without the ability to sweat, the core temperature of the body will rise quickly. Other early warning symptoms include confusion, headache, dizziness, redness of the skin, often most noticeable on the face. If you notice any of these symptoms in yourself or those riding with you, find the nearest place to sit down, drink lots of water, and relax in the shade or an air conditioned space. Remove gear and loosen clothing to allow the body to cool itself. Increase the frequency of breaks during the hottest part of the day. And definitely get out the water absorbing collar or soak your shirt at this time. It will help bring your body temperature back down.

With the right gear and travel plans that include frequent breaks with plenty of water, you can enjoy riding safely even in the hottest weather.

Ride Smart & Be Safe! Bruce & Melissa Thayer Former MI Asst. District Rider Educators <u>brucethayer1@comcast.net</u>





Contact Sherri Esau email at sherriesau@yahoo.com or Ph # 865-661-



Brand new, never worn **Teknic** brand leather riding jacket with a removable cold weather liner. size XL.

Internal armor protection in the shoulders and elbow.

\$125

Contact: Jerry Ciesla

at cell # 773-259-6896





Chapter **B** meets the **1st Tuesday** each month at Shoney's Clinton Exit 122 off I-75 North Eat at 6:30 pm meeting at 7:30 pm. Call Tom & Kathy Peck 423-907-9712

Chapter M meets the 2nd Tuesday each month. Eat at 6:00 pm meeting at 7:00 pm. Chapter M meets at the Fort Loudon Medical Center in Lenoir City. (Next to Cracker Barrel, behind Chili's) Call Robert & Trudy Ashcraft 865-376-6403

Chapter G2 meets the 1st Monday each month at Mr. Gatti's, 1431 Parkway, 37862. It is on the corner of the Rt. 66 Parkway and Nascar Dr., across from Wal-Mart Eat at 6:30 Meet at 7:30 Call Beth & Dale Hodge 865-748-1059

New Chapter T-Shirts \$20 Chapter "Bee" Embroidered Hats: \$15 Place you Order with Pat Talley

Give me a call, email me or see you at the next meeting

INVENTORY CONSISTS OF THE FOLLOWING:

Tennessee Pins (Shape of State)	\$4.00 ea.
TN-B Hanger Bars	. 2.00
Black/Gold 4" GWRRA Patch	. 5.00
Black/Gold 10" GWRRA Patch	12.00
Red/Blue/Yellow 10" GWRRA Patch	12.00
New Chapter B 25 Year PatchFree to Chapter B members	
GWRRA Blinking Buttons	2.50
Chapter B HatsNow Available	15.00
Ladies Yellow HatsNow Available	15.00

We can order so many more goodies - such as - a GWRRA Mouse Pad for your computer, GWRRA Ball Caps in various colors, Coasters, Earrings, Logo Vest Clip Chains, License Plates, Region N 4" Patch, Bolo Ties, Happy Face Antenna Ball - and so much more (just too much to list here).



LET'S GO SHOPPING! See the "Ouarter Master" Pat Tallev



423-562-1962 or talleylakeside02@peoplepc.com

Note from your Editors:

Let us know if there is anything you would like to see in your Newsletter just let us know. Items for sale, pictures, items of interest, business ads, clip art etc. You can email them to us at tomkatpeck@msn.com Remember this publication is yours!!! If there is any personal information you wish not to be public info please let Tom or Kathy Peck know so we can accommodate you wishes.

Chapter F meets the 2nd Tuesday each month at Golden Corral 2905 West Andrew Johnson Hwy (Highway 11E) Morristown Eat at 6:30 pm meeting at 7:30 pm. Call George & Lanora Baker 865-231-7948

Chapter A2 meets the 4th Monday each month at the Rvan's Steakhouse, 1053 Hunter Xing, Alcoa Eat at 6:00 pm meeting at 7:00 pm Call Alvin & Josie Nelson 865-977-9096

Chapter T meets the 4th Tuesday Each month Chapter T meets at Shoney's 316E Emory Rd Eat at 6:00 pm/Meet at 7:00 pm Call Carroll & Pat Bales 865-687-2986





Toney Stevens—July 16 Calvin Esau—July 19 Susan Kohlman—July 22



Mark & Susan Kohlman - July 4 Toney & Amy Stevens-July 22 Gary & Dianah Davis - July 25

If we missed your Birthday or Anniversary make sure you contact Betty or Merrilee so we can update our records. We want to recognize everyone's Birthday and Anniversary each month, not only at our meetings but in this Newsletter. Check the info on the Sign-in sheet at our Monthly gathering.

TN-B 2010 Ride Schedule

Saturday-Sunday, July 10-11, Blue Ridge Parkway Ride, Leave Weigel's on Emory Road at 8 a.m., Tom Peck 423-907-9712



Saturday-Sunday, July 20-25, Chapter Ride to Niagara Falls

Saturday, July 31, Ride to Muddy Pond, TN

Thursday-Saturday, August 5-7, KY Rally, Somerset, KY.

Saturday, August 14, Fall Creek Falls Ride

Saturday, August 21, Pool Party at Wagner's

Saturday, August 28, Chapter Leadership Skills Program, Lebanon, TN.

Friday-Sunday, September 10-12, TN District Perimeter Ride

Tuesday-Sunday September 21-26, Outer Banks, (Note: This is change from the previous schedule)

Thursday-Saturday, September 23-25, Wings Over the Smokies, Fletcher, NC. (Day Ride on Saturday)

Thursday-Saturday, October 7-9, VA Rally, Salem, VA.

Sunday, October 17, Knoxville Ride for Kids (Training Thursday Oct 14)

Saturday, November 6, Cumberland Playhouse-Brigadoon

Friday, November 19, Game Night, 7 PM

Saturday, November 20, TN District Operations Meeting.

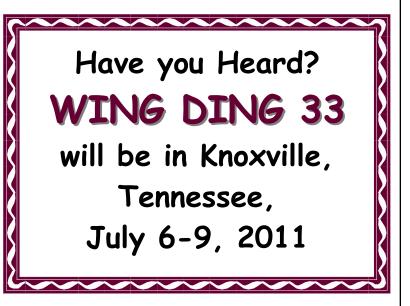
Saturday, December 4, Chapter Christmas Party

Friday, December 17, Game Night, 7 PM

Game Nights: In the cooler months we'll plan to have Game Nights the 3rd Friday of each month. We'll be looking for volunteers to host!

"Red Highlighted entries are scheduled **Chapter B Rides**"

Check the newsletter and web-site regularly for updates and more information! www.tn-b.org







talleylakeside03@peoplepc.com

Updated 6-30-2010



Gold Wing Road Riders Association



Knoxville Sunsphere Wings GWRRA Chapter TN-B Chapter Directors Tom & Kathy Peck 153 Deerwood Lane Lafollette, TN 37766 tomkatpeck@msn.com

Gold Wing Road Riders Association

Chapter TN-B July 2010 Newsletter Ride Safe! & Ride Aware



To:



